



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



American Red Cross

Springfield Family YMCA

Spring Lifeguard Classes!!!

In order to pass the precourse you must be able to: Swim

300 yards- 100 yards freestyle, 100 yards breast stroke and 100 yards either free or breast. **Complete a brick test-**slide in the water, swim to the brick, surface dive down to the brick, swim on your back with the brick and climb out within 1 minute and 40 seconds. **Tread-** tread water without using your hands for 2 minutes.

***You must 15 years of age by the class final test day!**

***Registration for precourses will begin February 1st!**



Precourse Date:

Spring Break Course

Friday March 11th @ 7:30pm Code (pc01) **OR**

Friday March 18th @7:30pm Code (pc02)

May Course

Friday April 15th @7:30pm Code (pc03) **OR**

Friday April 22nd @7:30pm Code (pc04)

***Registration for precourses will begin February 1st!**

Lifeguard Class Dates:

Spring Break Course

Monday-Friday March 28th-April 1st (4-9pm) & Saturday April 2nd (9am-completion) Code (lg01)

May Course

Monday May 2nd (4-9pm), Wednesday May 4th (4-9pm), Friday May 6th (4-9pm), Tuesday May 10th (4-9pm), Thursday May 12th (4-9pm) & Saturday May 14th (9am-completion) Code (lg02)



Precourse Cost

Member \$10.00 Non \$10.00

Lifeguard Cost

Members \$220.00 Non \$220.00

Contact for more information:

Stephanie Harris (Aquatic Coordinator)

sharris@springfield-ymca.org

300 S. Limestone St.

Springfield, Ohio 45505

937-323-3781

Www.springfield-ymca.org